Becky DeCook initially joined Sweet Adelines International right after college. She sang with Island Hills Chorus and Jersey Shore Chorus in Region 15 and Country Chords Chorus in Region 3. With Jersey Shore, she served as an assistant director and assistant section specialist. She also served on the staff of the Director of Musical Activities in Region 15. During this time, she attended numerous music and directing schools.

After a long leave to attend law school, work and raise her 2 girls, she rejoined Sweet Adelines International with Skyline Chorus in 2009. She has been a tenor Section Specialist for Skyline Chorus since 2012. As a Section Specialist with Skyline, she has been involved in teaching and educational efforts for the tenor section, as well as strategic planning and musical education efforts of the Music Team for the chorus as a whole.

She also served as Team Manager for Skyline from 2014-2023 and Secretarial Manager from 2011-2014. She has medaled at Regional Competition in several quartets. She recently retired from a long career as a trial lawyer. Becky is also the Events Coordinator for Rocky Mountain Region 8.